

Ceresti's Caregiver Empowerment Program makes it easier to navigate the challenge of being a caregiver



Provide the Best Possible Care for a Loved One Who Relies on You

Being a caregiver can be overwhelming.

This is particularly true if your loved one suffers from chronic conditions and has problems with memory, hearing, vision or mobility.

Benefits for You

The Ceresti care coaching, education, and support program is specifically designed to support spouses, adult children, other family members, and friends to provide the best possible care for their loved one.

ACCELERATE YOUR LEARNING

This Program is personalized to support you in developing the knowledge, skills, confidence and access to support required to achieve your caregiving goals.

Example include:

- Improving care for your loved one
- Enabling your loved one to age in place with safety and dignity
- Reduce your caregiving burden
- Increasing family connectedness
- Reducing out-of-pocket costs



How it Works

PERSONALIZED PROGRAM

We work with you to understand your unique caregiving challenges and develop a program that is tailored to your needs

Your program includes:

- Video & tutorials
- Coaching and access to support
- Tools for engaging your loved one
- Daily reminders

YOUR CERESTI HEALTH STATION

Access our program on an easy-to-use tablet computer that we send to your home. If you prefer, we can configure your mobile phone or tablet as a health station.



COACHING SUPPORT

We match you with a dedicated coach to guide your progress remotely. Your Ceresti coach empowers you to provide the best possible care for a loved one by offering ongoing support and resources.

Pricing

\$250 setup
\$150/mo
cancel
anytime

The Ceresti Family Caregiver Empowerment Program is available for a **one-time setup fee of \$250**, due upon enrollment, and a **monthly subscription fee of \$150**. Payment for the first month is due upon enrollment and will be billed automatically every month thereafter via credit card unless cancelled prior to the next billing cycle. Caregiver must agree to Ceresti's terms and conditions which include returning the Ceresti Health Station upon cancellation.

CALL 760.453.0997 TO ENROLL, OR FOR MORE INFORMATION